Among Friends

WINTER NEWSLETTER 2014

Dr Bill writes:

You may remember a movie from a few years back entitled "Crocodile Dundee". The hero hails from a little town in the outback of Australia called Walkabout Creek. He comes to New York City, and at a party, meets a person whom he later discovers is seeing a psychiatrist. Dundee is shocked and states, "I didn't know he was crazy." "Oh he's not crazy," replies his friend, "he just needs someone to talk to."

Mick Dundee thinks for a moment, and says "Doesn't he have any MATES?"

Crocodile Dundee is correct ... people DO need mates. After a bereavement, and in the midst of grief, they need to be able to talk to like-minded people, and that can happen in community grief support groups.

I call this "Wisdom from Walkabout Creek", and it's exactly the reason why "Among Friends" exists. Maybe we should change the name to "Among Mates", although someone could possibly take the wrong idea from that here in Canada!!!

THANK YOU to all of you who have been friends to the many new people who have joined our group this year. While we realize that people do "move on", I am so grateful to those who "hang in" and continue to support the group in order to give something back to the people who are new to the group. We all remember those difficult early days, and it is very gratifying to me to see those who stick around to give something back.

This newsletter will give information as to a selection of activities upcoming in the next few months, including social evenings, theatre nights and day trips. Please register for these events in lots of time, and if you are registering for more than one event, you can pay with ONE cheque, but please mark clearly what you are paying for.

Finally, may I once again ask those of you who are in a position to do so, to consider making a small financial contribution to the expenses of Among Friends. The cost of postage is going up, and the cost of photo copying has DOUBLED; plus in an effort to keep costs for events down, we came perilously close to LOSING money last year. We were grateful to those who felts able and were willing to donate \$20.00 to the cause last year, and if you are in a position to do that again this year to help cover expenses, it would be much appreciated. Please send your donation to Lorna Mitchell, clearly marked "Donation." Thank you.

It is always nice to be Among Friends, and always remember that the best way to MAKE friends is to BE one.

Dr Bill

AMONG FRIENDS COMMITTEE 2014



Dean Brock

Bill Webster	905-624-8080	Lorna Mitchell	905-878-8842
Dale Hester	905-826-2888	Sally Jordan	416-207-0177
Frances Clay	905-624-6317	Sharon Coke	905-635-4967

Don Jacob Memorial Fund Trustee's

Don Lambie	416-231-0624	Shirley McKee	416-231-7169
Ken Mitchell	905-878-8842	Pat Carson	416-259-4802

Local Contact People

Brampton: Ian Williams 905-457-9945 Waterdown: Denise Baynton 905-689-7326 Kitchener: Dean Brock 519-744-2102

519-744-2102

GTA John Coke 905-635-4967 or Frances Clay 905-624-6317

Member Support

Dale Hester 905-826-2888 Karen Lambie 416-231-0624

If you know of any of our members who are ill, please give, one of the committee member a call so we can keep in touch with these members and continue to offer support and best wishes.

Monthly Dinner Meetings - 4th Sunday of the Month

<u>Toronto and Peel Region</u>: The Muddy Duck, Dundas St. Mississauga, just west of Hwy.427. (905-275-9430) The cost for this event will remain at \$30.00.

Dinner, the FOURTH Sunday of every month, at 3:30 pm – PLEASE NOTE the restaurant will not have our reservation available until 3:30 p.m. so please do not arrive before 3:30 pm. as tickets will not be available till then. The dinner orders will start to be collected by 4:00 pm. ALL MEMBERS must order from the pre-set menu and if you want to order from the Muddy Duck menu you will need to sit in another section of the restaurant. The Among Friends monthly dinners are an event not just a gathering and everyone attending must purchase a \$30.00 ticket. Also, instead of a free dinner draw each month the draw will be for an Italian dinner on a Friday night or a week-end breakfast at the Muddy Duck.

<u>Waterdown</u>: Dinner – The SECOND Sunday of each month at Marciano's, located at 5 Mill St South, at 3:45 pm. The cost is \$25/person. If you would like to join us, please RSVP to Denise Baynton at 905-689-7326 or email at <u>dbaynton@skylinc.net</u>.

EVENT INFORMATION

SOCIAL EVENING – GAMES NIGHT (WITH DESSERT & COFFEE/TEA) Friday, February 14, 2014 – 7:00 pm

Location: Patricia Carson's Condo Party Room

25 Viking Lane, Etobicoke Cost: \$15.00

Directions to Pat's bldg. – From Hwy. 427 to Dundas, turn east on Dundas to Auckland Ave., turn right, follow curve around and turn into 1st garage on left of Bld. 25-35 Viking. Press buzzer on post to be let in and turn right and you will see Visitor parking, buzz Concierge to be let in and take elevator to G level and go to the main level party room.

BRONTE CREEK PROVINCIAL PARK Saturday, March 15, 2014 (9:30 am – 3:00 pm)

Fresh Ontario maple syrup begins flowing at Bronte Creek Provincial Park on the first Saturday in March when the park's annual Maple Syrup Festival gets under way.

Enjoy a guided tour of the Maple Lane, where 1890s costumed interpreters demonstrate how to tap maple trees, make maple syrup and maple sugar. View artifacts in the maple museum or tour the 100-year-old Spruce Lane Farmhouse. Be sure to browse through the maple products and souvenirs available in the Maple Gift Shoppe and pick up a bottle of syrup to take home. Hop on a wagon that will take you to a heated pancake house where you can enjoy fresh, hot pancakes with pure maple syrup and sausages, served up throughout the festival hours. Please note meals are at your own cost.

Car Pool: Meet in parking lot of Milton Kelsey's or St. James Church in Etobicoke. Take the Q.E.W. to

Burloak Drive (Exit 109). Go North (away from Lake Ontario) for one kilometer. Park entrance

will be on the right hand side. Day use area is off Burloak Drive

Cost: \$10 per person

FAMOUS PEOPLE PLAYERS

Dinner and evening Show - Saturday, April 12, 2014

Doors open at 6:00 pm and dinner is at 7:00 pm 343 Evans Avenue, Toronto, ON M8Z 1K2

Cost: \$65.00. Indicate on registration form your choice of dinner & please register by March 15, 2013 as we need to commit to numbers by Mar. 20th.

Programme: Going Bananas – "Vaudeville, slapstick, abstract wonderments and belly laughing FUN! This show opens up our 40th year with non-stop amusement and entertainment. Laughter is after all, the best medicine!"

SOCIAL EVENING – FUN & GAMES WITH "AMONG FRIENDS" Saturday, May 10, 2014 – 6:00 pm

Location: Hugh Foster Hall, 141 King St., Milton (next to Town Hall)

Cost : \$28.00

Food: Chinese dinner, snacks, cake etc.

BUS TRIP - LADY MUSKOKA LUNCHEON CRUISE Saturday, June 7, 2014

Cost: \$89.00 per person

Cruise down the pretty Muskoka River while enjoying a served luncheon of Steak, Salmon or Chicken. Then out into the loveliest end of Lake Muskoka passing by Millionaires Row and many other famous islands. Free time in Bracebridge – wander, shop, browse the Main street – stop for a coffee, ice cream or maybe a Marty's butter tart, ranked as the best butter tarts in the world! Return home by 7:00 pm (Etobicoke) and 8:00 pm (Kitchener).

Pick up times:

7:45 am Kitchener, Concordia Club, 429 Ottawa St S.

8:30 am Milton, Kelsey's Restaurant, 45 Chisholm Dr. (south of Hwy 401 on #25)

9:15 am Etobicoke, St. James United Church, 400 Burnhamthorpe Rd.

CORN ROAST Saturday, Sept. 13, 2014 - 2:00 pm

Event is located in picturesque North Milton on a private wooded facility. Enjoy everything the property has to offer both inside and outside – paths, pond, horses etc. A light dinner will be provided followed by a corn roast and campfire. Join in campfire songs with Johanna and Betty.

Please bring your own folding lawn chairs if possible. We will be carpooling to this event – 1:30 pm from Milton Kelsey's or Etobicoke (St. James Church). Directions will be provided by Lorna.

Cost: \$29.00 per person.

13th ANNUAL BANQUET – To be determined (either Nov. 2014 or Feb./Mar. 2015)

BUS TRIP – CHRISTMAS MAGIC IN PORT HOPE Saturday, December 7th, 2014

Cost: \$79.00 per person

This tour is fully escorted by a local area guide!

- Capital Theatre in Port Hope View the elaborate and unique Christmas trees decorated and lighted
- Main Street Port Hope Ontario's "Best Preserved" Main Street
- Guided Tour of Port Hope many "Great Canadians" live here
- Victoria Hall Cobourg Guided Tour of this magnificent United Empire Loyalist era building all done up for Christmas
- St Peters Anglican Church listen to Christmas hymns played on their incredible organ
- Woodlawn Inn One of Canada's finest Inns Enjoy a Christmas Dinner with all the trimmings
- Driving Tour of Cobourg's Victoria Park thousands of Christmas Lights

Pick up times - details in the summer newsletter

REGISTRATION FORMS – Detach and send with payment,

Cheques are payable to "Among Friends," c/o Lorna Mitchell, 837 Merritt Dr., Milton, ON, L9T 4J9. Please note cheques may be postdated no later than one month prior to the event or it will not be considered a registration. If registering for multiple events, please send **one** cheque for the total amount.

SOCIAL EVENING – Games Night (with dessert & coffee) Patricia Carson's condo Friday, February 14, 2014 – 7:00 pm

Fri	iday, February 14, 2014 – 7	7:00 pm			
Name:	e:Phone #				
Please include your cheque for \$15.00.					
В	RONTE CREEK PROVINCIA	L PARK			
Saturda	ay, March 15, 2014 (9:30 ai	m – 3:00 pm)			
Name:	Phone	#			
Please include your cheque for \$10.00.					
	EOPLE PLAYERS - Dinner ar	_			
Saturday, April 12	, 2013 - Doors open 6:00 p 343 Evans Ave. (www.fpp				
	343 Evans Ave. (www.ipp				
Name:					
	AAA Sirloin Steak	ea and coffee all other beverages are extra) Salmon Vegetarian			
	NG – FUN & GAMES WITH				
Saturday, May	10, 2014 – 6:00 pm – Hugl	h Foster Hall, Milton			
Name:	Phone #				
Please include your cheque for \$29.00.					
BUS TRI	P - LADY MUSKOKA LUNCI Saturday, June 7, 201				
Please include your cheque for \$89.00 Please indicate if you require a special d Please check off the following:	lietary meal				
Pick up Location: Concordia 7:45 am	Milton 8:30 am	St. James Church 9:15 am			